

Mandatory Participants Meeting

E. Graham Dougall, NRO, CJ, RMCC



Thank You Sponsors!



The Notice of Race (NoR) and the Sailing Instructions (SIs) take precedence and override anything said during the meeting.

Agenda

- Introduction & words from PCYC & LOOR
- Social Program
- Weather Briefing
- Key points on the Race

Introduction & Words From PCYC & LOOR Chair



PORT CREDIT YACHT CLUB



Thank You Sponsors!



Your organization can appear on the previous slide next year!

If interested or want more information, please
contact Terry or email info@loor.ca.



Weather Briefing



Key Points on the Race

The Notice of Race (NoR) and the Sailing Instructions (SIs) take precedence and override anything said during the meeting.

NAVWARN (Notice to Shipping)



- Will be issued by Canadian Coast Guard before the start and remain in effect until LOOR informs them that the race is over.
- Navigational Warnings and Notices
 - <https://nis.ccg-gcc.gc.ca/public/rest/messages/en/search>

A screenshot of the Canadian Coast Guard's NAVWARN search interface. The page header includes the Government of Canada logo and a search bar. The main content area is titled "Search for NAVWARNs" and contains a "Search Criteria" section. This section includes a "Search Terms" input field, a "Status" dropdown menu (set to "Published"), "Start Date" and "End Date" date pickers, an "Areas (Series)" input field, a checkbox for "Exclude NAVWARNs of regional scope", a "Map of selected areas" link, and "Charts" and "Categories" input fields.

Official Documents Status



- Web Site and Official Notice Boards up to date
- NoR
 - Amended to fixed broken URLs from World Sailing
- SIs
 - As version 1
- Splits & Starting Sequences
 - As version 1

Safety



- RRS Fundamental Rule 1.1
 - A boat or competitor shall give all possible help to any person or vessel in danger
- *Anyone includes not just competitors*
- Redress is available to those who provide help
- You can be protested and penalized for not assisting



Safety – RRS Appendix RV

- LOOR uses RRS Appendix RV - REDUCED VISIBILITY RACING RULES
 - In its overnight races, i.e., Offshore Special Regulations (OSR) Category 3
 - Replaces RRS Part 2 between sunset and sunrise (NoR 1.7)
- **Some Key Changes**
 - **Key Clear** mandates 40 metres
 - **Mark-Room** adds “... with no less than 40 metres between the boats”
 - **Zone** is “within a distance of 200 metres of it.”
 - **AND MORE!**

PROTEST!

Compliance with the laws

- The fact you are racing does not remove your requirement to comply with all the Canada Shipping Act, other Federal, Provincial or local laws & regulations
 - When meeting vessels not racing
 - Display of required navigation lights (LOOR OSR CAT 3 3.27.1)
 - Not working excuse is hard to use as under the LOOR OSR CAT 3, you must carry spares!
 - This is protestable by both the race committee & another boat!
 - **Could be considered violating RRS 2 Fair Sailing**



Compliance with the laws

- Environmental laws & regulations
- Authorized governmental organization can stop and inspect you at any time. *This is not grounds for Redress*

Did Not Pick Up YB Tracker



- Any registered boat that participates in the LO300 and does not obtain a YB Tracker from the Organizing Authority (OA) before the race **will be protested** by the LOOR Race Committee. See NoR 4.10.

PROTEST!

YB Trackers

- **Mounted at the stern**
- Please make sure it is installed in a place where it has a clear view of sky for best satellite transmissions for tracking.
- At least 0.3 meters from other antennas.
- Remember to return your tracker

Otherwise, you pay for it! (\$\$\$)

- **Track the race!**
 - Web - <https://yb.tl/LO3002026>
- or
- YB Tracking App for Apple or Android



Helpful Actions

- Sail completely across the finish line
- Sail for several boat lengths beyond the line
- If practicable and possible, avoid the finish line when not finishing

**These are helpful actions,
they are not *rules* so not mandatory/required**

Required Actions

- Obtain the tracker
 - Accept responsibility by signing & providing a credit card
- Mount in location as mandated by the OA Instructions
 - It must stay there as required by OA instructions
 - Any other position is a violation of the *rules*, so subject to protest, **including under Rule 2**
- Return the tracker
 - If finished, by deadline in SIs
 - If retired, by deadline in SIs
 - **Otherwise, we will charge the credit provided.**
\$\$\$\$



The Stern

Finished & No Results Posted



- Submit a Scoring Inquiry, uploading the support material for your “*Finish Declaration*”.
 - Done via events Official Notice Board
- If necessary, a Scoring Inquiry can be turned into a Request for Redress. Time of submission of the Scoring Inquiry used for time of submission of the Request for Redress

LAKE ONTARIO OFFSHORE RACING

Race Programme Online Entry Race Documents Live Results Miles Leaderboard Race Results Crew Match My Account

OFFICIAL NOTICE BOARD

Lake Ontario 300 Challenge Race - Main Duck Course (MDC) {2026}

Timezone: Eastern Daylight Time
Start Date: 11 Jul 2026
Distance: 300nm

[Go to Race Website](#)

[Enter Event](#)

[View Who's Entered](#)

[Hearings Board](#) 0

[Scoring Inquiries](#) 0

[Competitor Requests](#) 0

Download the Racing App

[GET IT ON Google Play](#) [Download on the App Store](#)

Notice to Competitors

[Number 1 - Notice of Race Amendment 3](#)
Issued June 14, 2026 at 20:19

Notice of Race

[Notice of Race V04 with Amendment 1 2 and 3](#)
Issued June 14, 2026 at 20:16

[Notice of Race V04 with Amendment 1 2 and 3](#)
Issued June 14, 2026 at 20:14

[Notice of Race V03 with Amendments 1 2](#)
Issued May 14, 2026 at 09:01

Sailing Instructions

[SIs V01](#)
Issued June 25, 2026 at 13:40

Additional Event Documents

[Multi-event Documents & Resources \(Annual Notices\)](#)
Issued December 30, 2025 at 14:36

[URL for PCYC Slip Booking](#)
Issued June 26, 2026 at 15:09

Contacting Prescott Coast Guard Radio



- The first and best means of contacting Prescott is via VHF radio:
- Simplex channel
 - ❖ 16 (the international hailing and distress channel)
- Duplex channels
 - ❖ 24
 - ❖ 26
 - ❖ 27
 - ❖ 85
- VHF DSC channel 70, using Prescott's [MMSI number 003160029](#)
- Via phone at Prescott's landline 613-925-4471, or by dialing *16 (for marine emergencies only)

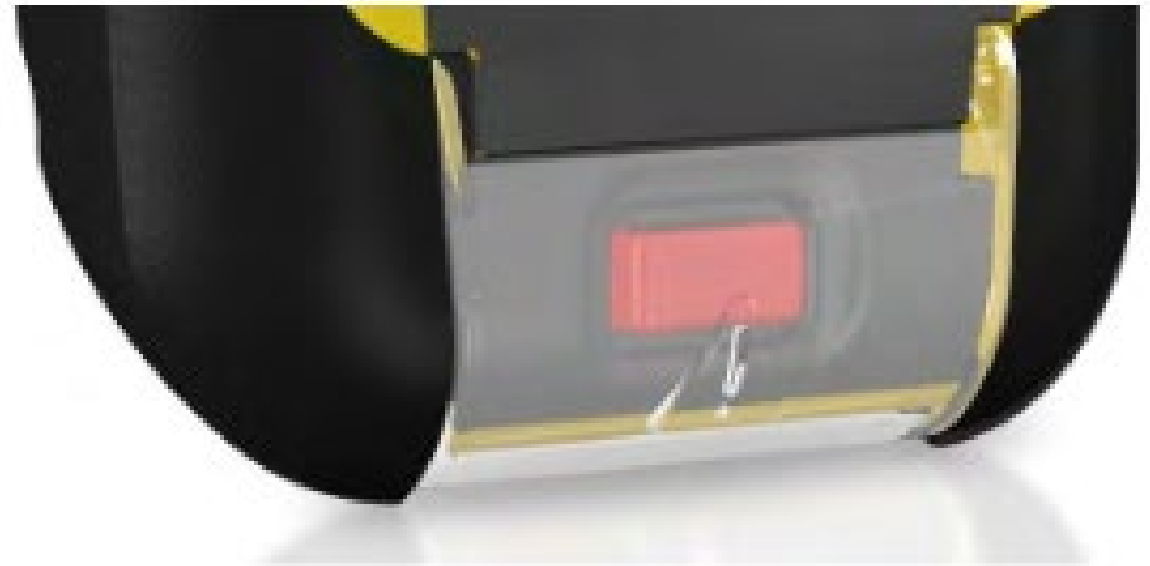
Additional information, such as availability of VHF channels per tower, can be found in Radio Aids to Marine Navigation (RAMN)

Calling for Help!

WHAT	EQUIPMENT	RESPONSE TIME	COVERAGE	WHO RECEIVES	GMDSS
Mayday, DSC	VHF Radio w DSC	Real Time	Line of Sight	CG + nearby boats w <u>DSC radio on</u>	Yes
Mayday, Voice	VHF Radio	Real Time	Line of Sight	CG + nearby boats <u>w radio on & on 16</u>	Yes
AIS Alert	AIS Transceiver	Real Time	Line of Sight	Nearby boats <u>w AIS receiver on</u> + CG	Yes?
EPIRB (Older)	Without integrated GPS	90 minutes +	World-wide	Flag State Beacon Centre (JRCC)	Yes
EPIRB (GPIRB)	With integrated GPS	~ Real Time	World-wide	Flag State Beacon Centre (JRCC)	Yes
Cell, *16 (CAN)	Cell Phone	Real Time	<u>Canadian Cell ONLY</u>	CCG Only	No
YB Tracking Alert	YB Tracker	Variable	World-wide	LOOR only	No

The **LAST RESORT** ALERT YB Tracker

- Remove unit from case
- Lift the flap at the bottom of the tracker and down **RED ALERT BUTTON** for at least five (5) seconds



RED ALERT BUTTON

VHF-FM Radio Practices

- Monitor 71 during times listed in SIs
- ***At all other times monitor Channel 16 – The calling Channel***
 - **Prescott Radio can't use 71**
 - Other vessels, such as freighters, as will call you on **16**
 - Unless they know your MMSI, so can radio call using DSC. Like having an AIS transceiver display your MMSI.
- **Many “modern” VHF-FM Marine Fixed Station units have Dual or Tri Watch – Highly Recommended**

Displaying the supplied flag



- Replaces provided decals of past years so LOOR can become more environmentally friendly
- SI 1.2 (a rules) mandates how the flag is to be displayed.
- Many authorities have been informed of this flag.



The Start

- Review
 - RRS 26 – Starting Races
- Check Classes/Divisions are unique to this LO300
- Review SIs on the start
 - Know your class flag for RRS 26, composed of
 - Racing Area Flag (Code Flag D, E or F)
 - Code Flag “D” – Solo Challenge
 - Code Flag “E” – Scotch Bonnet Course
 - Code Flag “F” – Main Duck Course
 - Start Number flag (Numeral Pennant zero through nine)
 - Listed on racing.loor.ca

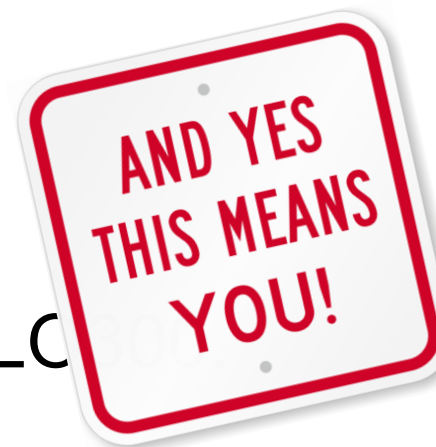
The Start

Imperative you check the scratch sheets & Report any errors ASAP

- It is the responsibility of the skipper to check that they are:
 - In the right grouping; Solo, Double Handed, Fully Crewed
 - Flying Sails or No Flying Sails
 - Right class according to their rating.
- **You will be scored in what is on the scratch sheet. If this is in error, this will create real issues. Please check both the LO300 Splits & Starting Sequence document & the scratch sheets, reporting any errors ASAP**

The Start

- Review
 - RRS 26 – Starting Races
- Check Classes/Divisions as unique to this LC
- Review SIs on the start
 - SI 12.4 describes on water check-in process, **If and only, once the flag “L” is display.**
- If awaiting your Warning Signal, **KEEP CLEAR OF THE STARTING AREA**
 - The clear space is where the starter wants to go during their pre-start sequence



The Start – Media Vessels



- Displaying a blue flag



Engine Usage

- Racing starts at sailboat's preparatory signal, i.e., Races Rules of Sailing (RRS) come into effect, i.e., no propulsion by engine.
- Engine can be used with the usage logged.
 - Charge batteries
 - Providing assistance, and **REDRESS IS AVAILABLE.**
 - Avoid other non-racing vessels, **PROVIDED NO ADVANTAGE GAINED!**

The Finish

- The Marks
 - As per SIs
 - PCYC Finish Buoy is in place so you can obtain a GPS reference fix



Post Finish

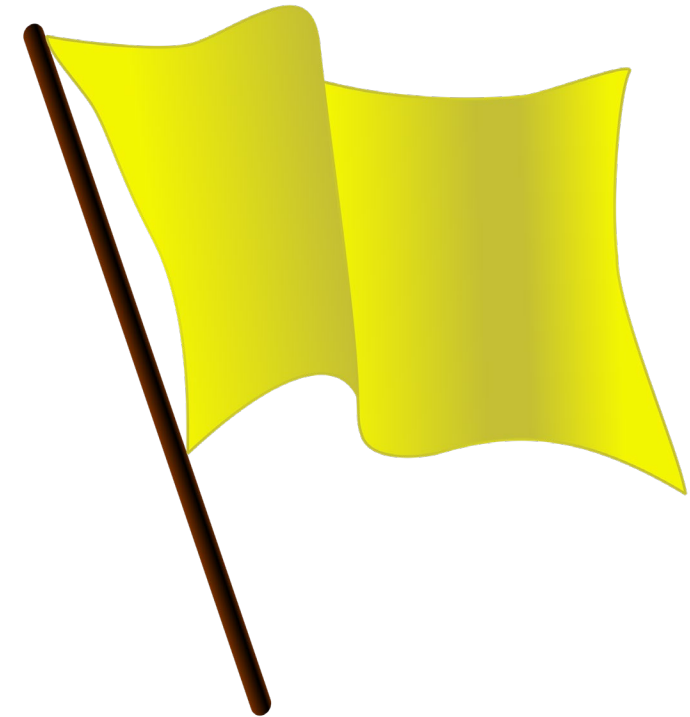
- Monitor 71 in case of issues or *need to submit to a random post race inspection*
- Within the time limits listed in NoR and/or SIs
 - Return the tracker to the Post-race Check-in
 - Alternative Penalty Acknowledgement Form to racecommittee@loor.ca.
 - Submit Hearing requests (See later slide)

Withdrawals

- Follow SIs regarding withdrawals
- Key points
 - As soon as practical, notify Race Committee of withdrawal – **This is a safety issue!**
- **If you have cell phone service and nothing is preventing from using it, waiting until you are in harbour, or even later, is NOT “AS SOON AS PRACTICAL”.**
- **LOOR cannot draw inferences from your track**

RRS 44.3 Scoring Penalty

- See NoR 12.1
- **Penalty Turns are out**
- To take a penalty for RRS Part 2
 - Display **yellow flag** until finish and race committee attention is called to it at the Finish
 - Email racecommittee@loor.ca that are accepting a scoring penalty under what rule.



Contacting the Race Committee

- Following monitored 24/7 during the entire race
 - Phone
 - 1-866-462-8828 **(TOLL-FREE in North America)**
 - Email
 - racecommittee@loor.ca
 - SMS
 - 647-601-7680 **(NO VOICE)**

Request Submission

[Race Programme](#)[Online Entry](#)[Race Documents](#)[Live Results](#)[Miles Leaderboard](#)[Race Results](#)[Crew Match](#)[My Account](#)

OFFICIAL NOTICE BOARD

Lake Ontario 300 Challenge Race
- Main Duck Course (MDC)
{2026}

Timezone: Eastern Daylight Time
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[Hearings Board](#) 0

[Scoring Inquiries](#) 0

[Competitor Requests](#) 0

Download the Racing App



Notice of Race

[Notice of Race V03 with Amendments 1 2](#)
issued May 14, 2026 at 09:01

[Notice of Race V03 Full with Amendments 1 2](#)
issued May 14, 2026 at 09:00

Additional Event Documents

[Multi-event Documents & Resources \(Annual Notices\)](#)
issued December 30, 2025 at 14:36

SIs have separate URLs for:

- MDC
- SBC



**Year Round
On and off the water**
www.loor.ca/volunteer

Safe Racing and Good Luck

Questions?

Thank You Sponsors!

